

Date	Poster Board	Paper Number	Paper Title	First Name	Last Name	Organisation
Wednesday, February 13 (12:45 PM - 1:30 PM)	1	17	Could negative therapist behaviours be an implementation problem for therapist-assisted Internet-delivered cognitive behaviour therapy in routine practice?	Heather	Hadjistavropoulos	University Of Regina
Wednesday, February 13 (12:45 PM - 1:30 PM)	2	18	Improving scalability of Internet-delivered cognitive behaviour therapy by considering patient preferences for amount of therapist support: What's the evidence?	Heather	Hadjistavropoulos	University Of Regina
Wednesday, February 13 (12:45 PM - 1:30 PM)	3	20	'A Support Net': Evaluating a novel mental health-related online educational tool	Mathijs	Lucassen	The Open University
Wednesday, February 13 (12:45 PM - 1:30 PM)	4	23	Do guided internet-based interventions result in clinically relevant changes for patients with depression? An individual participant data meta-analysis	Eirini	Karyotaki	Vrije Universiteit Amsterdam
Wednesday, February 13 (12:45 PM - 1:30 PM)	5	28	Training Mindfulness in Virtual Reality: A Pilot Trial	Liz	Seabrook	Swinburne University Of Technology
Wednesday, February 13 (12:45 PM - 1:30 PM)	6	35	Role of geography in engagement and outcomes in a clinical trial of an Internet intervention for insomnia in the USA	Philip	Chow	University Of Virginia
Wednesday, February 13 (12:45 PM - 1:30 PM)	7	40	Web-based self-help with and without chat counseling to reduce cocaine use in cocaine misusers	Michael P	Schaub	Herr
Wednesday, February 13 (12:45 PM - 1:30 PM)	8	42	Dyadic Internet-Based Psychosocial Interventions: A Scoping Review	Kelly	Shaffer	University Of Virginia School Of Medicine
Wednesday, February 13 (12:45 PM - 1:30 PM)	9	44	App-adjunctive therapy with adolescents – how are apps being used to support digital natives?	Simone	Gindidis	Monash University
Wednesday, February 13 (12:45 PM - 1:30 PM)	10	49	Refresh: A pilot study examining an unguided app-based intervention to improve sleep quality	Ina	Beintner	Technische Universität Dresden
Wednesday, February 13 (12:45 PM - 1:30 PM)	11	50	Implementing internet-based mental health interventions in Germany – experiences and outcomes from routine care	Elena	Heber	GET.ON Institute
Wednesday, February 13 (12:45 PM - 1:30 PM)	12	53	An Innovative Path to Reducing Alcohol Misuse Among Workers: Development and Feasibility Testing of a Mobile Web-Based Workplace Wellness Program	Debra	Rios	Isa Associates
Wednesday, February 13 (12:45 PM - 1:30 PM)	13	62	Patient preferences for intensive versus spaced delivery of internet CBT for panic disorder	Eileen	Stech	University Of New South Wales, Sydney
Wednesday, February 13 (12:45 PM - 1:30 PM)	14	64	Development a chatbot service platform to increase the efficiency of mental health care	Sangil	Lee	Ulsan National Institute Of Science And Technology
Wednesday, February 13 (12:45 PM - 1:30 PM)	15	70	Using ecological momentary assessment as a formulation tool in psychological therapy: case illustrations of a blended therapy for hearing voices	Imogen	Bell	Swinburne University Of Technology
Wednesday, February 13 (12:45 PM - 1:30 PM)	16	74	What's inside? Quality of the digital realization of psychotherapeutic interventions in programmes and apps against depression	Gwendolyn	Mayer	University Clinics of Heidelberg
Wednesday, February 13 (12:45 PM - 1:30 PM)	17	75	Acceptance and expectations of experts, students and patients according to e-health apps against mental disorders	Gwendolyn	Mayer	University Clinics of Heidelberg
Wednesday, February 13 (12:45 PM - 1:30 PM)	18	80	Face-to-face VS. Blended Care: Can Blended Care Be as Effective Using Half the Amount Of Confrontations? Results of an RCT	Kim	Mathiasen	University Of Southern Denmark
Wednesday, February 13 (12:45 PM - 1:30 PM)	19	86	Program Design and Application Development for Internet-Based Cognitive-Behavior Therapy of Adolescents' Social Anxiety	Narges	Esfandiari	Shahid Beheshti University
Wednesday, February 13 (12:45 PM - 1:30 PM)	20	89	Implementing internet- and tele-based interventions in rural areas: study protocol for a nationwide prevention project in Germany	Johanna	Freund	University Erlangen-nürnberg
Wednesday, February 13 (12:45 PM - 1:30 PM)	21	93	Effectiveness of a web-based intervention for severely impaired: results of a RCT on comorbid depression, back pain and sick leave	Sandra	Schlicker	Friedrich-Alexander University Erlangen-Nürnberg
Wednesday, February 13 (12:45 PM - 1:30 PM)	22	99	Health behavior change in a digital world: Do Something Different – The results of a randomized controlled trial	Mirela	Habibovic	Tilburg University
Wednesday, February 13 (12:45 PM - 1:30 PM)	23	102	Understanding Intervention Effects by Conducting Mediation Analysis of a Factorial Optimization Trial	Jillian	Strayhorn	Pennsylvania State University
Wednesday, February 13 (12:45 PM - 1:30 PM)	24	108	81 adolescents' experiences of blended CBT with therapist chat sessions	Naira	Topooco	Linköping University
Wednesday, February 13 (12:45 PM - 1:30 PM)	25	109	Prevention of relapse and recurrence of adolescent anxiety and depression, impossible of missed opportunity?	Yvonne	Stikkelbroek	Universiteit Utrecht
Wednesday, February 13 (12:45 PM - 1:30 PM)	26	110	Implementing blended internet-based CBT for depression in German outpatient routine care: barriers, facilitators and organisational readiness	Anne	Etzelmüller	Vrije Universiteit Amsterdam
Wednesday, February 13 (12:45 PM - 1:30 PM)	27	111	Findings from an alcohol app RCT: Should we consider the role of apps in reducing alcohol consumption?	Joanna	Milward	King's College London
Thursday, February 14 (1:00 PM - 2:00 PM)	28	120	A Preliminary Investigation of Process Factors in Videoconference Psychotherapy: the Role of Working Alliance, Expectations, and Connection Quality	Bonnie	Clough	Griffith University
Thursday, February 14 (1:00 PM - 2:00 PM)	29	123	A combination treatment for comorbid insomnia and depression vs. depression treatment and placebo - a randomized trial	Kerstin	Blom	Karolinska Institutet & Haukeland University Hospital
Thursday, February 14 (1:00 PM - 2:00 PM)	30	125	A Pilot Investigation of International Tertiary Students' Treatment Preferences and Help-Seeking Attitudes and Intentions to Digital Mental Health Interventions	Bonnie	Clough	Griffith University
Thursday, February 14 (1:00 PM - 2:00 PM)	31	129	Predictors of Mindfulness Meditation App Adherence for Improved Mental Health	Ben	Fletcher	University Of Otago
Thursday, February 14 (1:00 PM - 2:00 PM)	32	133	(Cost-)Effectiveness of personalized tele-based coaching for green professions in preventing depression: Study protocol of a 18-month follow-up randomized controlled trial	Janika	Thielecke	Friedrich-Alexander-University Erlangen-Nuremberg
Thursday, February 14 (1:00 PM - 2:00 PM)	33	134	Development of an mHealth intervention for PrEP uptake and adherence for HIV prevention in Virginia	Sarah	Knight	University Of Virginia
Thursday, February 14 (1:00 PM - 2:00 PM)	34	135	Automation of Respondent Driven Sampling Coupon Management for Implementation of a State-wide Survey of Transgender and Gender Non-conforming People	Sarah	Knight	University Of Virginia
Thursday, February 14 (1:00 PM - 2:00 PM)	35	139	A mixed-methods study of the acceptability and user experience of a web-based positive psychology intervention with mobile support for fibromyalgia	Guadalupe	Molinari	Ciber Fisiopatología Obesidad y Nutrición, Instituto de Salud Carlos III
Thursday, February 14 (1:00 PM - 2:00 PM)	36	142	Developing a mental health app for apprentices: A qualitative exploration of the challenges facing young workers	Mark	Deady	The Black Dog Institute
Thursday, February 14 (1:00 PM - 2:00 PM)	37	155	Connect, shape, and improve work culture – how a multi-faceted mobile platform can achieve total employee well-being	Barbara	Veder	Morneau Shepell
Thursday, February 14 (1:00 PM - 2:00 PM)	38	156	WebMAP Mobile: an mHealth psychological intervention for pediatric chronic pain. Early results on use and engagement.	Rocio	de la Vega	Seattle Children's Research Institute
Thursday, February 14 (1:00 PM - 2:00 PM)	39	159	The Effectiveness of an Online Self-Guided Mindfulness Program for Psychological Wellbeing	Aileen	Chen	Clinical Research Unit For Anxiety And Depression
Thursday, February 14 (1:00 PM - 2:00 PM)	40	162	Can video-based virtual reality trigger anxiety response in patients with social phobia?	Trine Theresa	Holmberg	Mental Health Services, Region Of Southern Denmark
Thursday, February 14 (1:00 PM - 2:00 PM)	41	163	Internet-delivered CBT for maternal anxiety and depression during pregnancy and postpartum	Siobhan	Loughnan	Clinical Research Unit For Anxiety And Depression
Thursday, February 14 (1:00 PM - 2:00 PM)	42	179	My best past, present or future self: A Randomized Controlled Trial of an Online Positive Psychology Intervention	Alba	Carrillo	University of Valencia
Thursday, February 14 (1:00 PM - 2:00 PM)	43	181	Helpful and hindering events in an internet-delivered intervention for depression with Colombian users	Alicia	Salamanca	Trinity College Dublin /silvercloud Health
Thursday, February 14 (1:00 PM - 2:00 PM)	44	182	Adapting an internet-delivered intervention for depression for Colombian college student population: An illustration of an integrative approach	Alicia	Salamanca	Trinity College Dublin /silvercloud Health
Thursday, February 14 (1:00 PM - 2:00 PM)	45	188	An Internet-based Self-Applied Treatment Program for Prolonged Grief Disorder: Study Protocol for an Open Clinical Trial	Soledad	Quero	Universitat Jaume I
Thursday, February 14 (1:00 PM - 2:00 PM)	46	195	Development and design of a psycho-oncological online intervention for partners of patients with cancer: PartnerCARE	Daniela	Bodschwinna	University Medical Center Ulm, Clinic for Psychosomatic Medicine and Psychotherapy
Thursday, February 14 (1:00 PM - 2:00 PM)	47	200	C-TIPS: A Web-Based Program to Improve Parental Management of Children's Cancer Pain	Michelle	Fortier	University Of California-Irvine
Thursday, February 14 (1:00 PM - 2:00 PM)	48	201	Technology-Based Behavioural Vaccine: 12 months outcome of a Population-Based Approach RCT to Prevent Adolescent Depression in Primary Care	Miaa	Lee	University Of Illinois at Chicago College of Medicine, Department of Pediatrics
Thursday, February 14 (1:00 PM - 2:00 PM)	49	207	Predicting intentions to use Facebook to obtain health information and support: The role of attitude, norms, and control beliefs	Gemma	Mitchell	University of Tasmania
Thursday, February 14 (1:00 PM - 2:00 PM)	50	208	Examination of the uses, needs, and preferences for health technology in adolescents with asthma	Rachelle	Ramsey	Cincinnati Children's Hospital Medical Center
Thursday, February 14 (1:00 PM - 2:00 PM)	51	209	CURB YOUR URGE: A Just-In-Time Adaptive Intervention for gambling problems	Nicki	Dowling	Deakin University
Thursday, February 14 (1:00 PM - 2:00 PM)	52	213	MoodJumper: Studying User Preferences of Game Players with History of Mood Swings	Nilufar	Baghaei	Otago Polytechnic
Thursday, February 14 (1:00 PM - 2:00 PM)	53	216	Does duration of a personally tailored SMS programme matter?	Rosie	Dobson	National Institute For Health Innovation, University Of Auckland
Friday, February 15 (1:25 PM - 2:15 PM)	54	218	Smartphone sensors and the Big 6: Using passive monitoring to better understand key behavioural risk-factors for chronic disease among adolescents	Louise	Thornton	PREvention & Early intervention in Mental Illness and Substance use (PREMISE) Centre for Research Excellence
Friday, February 15 (1:25 PM - 2:15 PM)	55	225	Integrating personal health devices into a youth mental health team: the unWIRED project	Anthony	Harris	University of Sydney
Friday, February 15 (1:25 PM - 2:15 PM)	56	228	Implementation of internet-delivered interventions: progress on the development of an evidence and practice informed model of implementation in healthcare settings	Daniel	Duffy	SilverCloud Health
Friday, February 15 (1:25 PM - 2:15 PM)	57	229	Implementation of an online self-management program for Bipolar Disorder in mental health services in Ireland. Results from a feasibility trial	Angel	Enrique	University Of Dublin Trinity College
Friday, February 15 (1:25 PM - 2:15 PM)	58	230	Effectiveness of e-health interventions for individuals with clinician-diagnosed PTSD – A meta-analysis of randomized controlled trials	Wiebke	Hannig	Philipps University Marburg
Friday, February 15 (1:25 PM - 2:15 PM)	59	232	The potential impact of using iCBT as a prequel to high intensity therapy for individuals with depression and anxiety disorders	Angel	Enrique	University Of Dublin Trinity College
Friday, February 15 (1:25 PM - 2:15 PM)	60	233	Blending internet- and mobile-based treatment for depression with on-site psychotherapy: Case-report of a 63-year old patient	Ingrid	Titzler	University Erlangen-Nürnberg
Friday, February 15 (1:25 PM - 2:15 PM)	61	236	Using a computerised cognitive behavioural therapy programme (SPARX-R) in Youth Addiction Services	Raquel	Barbiellini	Community Action Youth And Drugs (cayad), Moh & Auckland Council
Friday, February 15 (1:25 PM - 2:15 PM)	62	247	Depression apps: Does the evidence support their use? An overview of published literature	Laura	Martinengo	Lee Kong Chian School Of Medicine
Friday, February 15 (1:25 PM - 2:15 PM)	63	248	The Online Help-Seeking Preferences of Young Adults	Claudette	Pretorius	University College Dublin
Friday, February 15 (1:25 PM - 2:15 PM)	64	250	What are the characteristics of apps for perinatal depression? Assessment of apps from commercial app stores	Laura	Martinengo	Lee Kong Chian School Of Medicine
Friday, February 15 (1:25 PM - 2:15 PM)	65	256	OCDdrop: Online Vicarious Exposure for Obsessive-Compulsive Symptoms	Allison	Matthews	University Of Tasmania
Friday, February 15 (1:25 PM - 2:15 PM)	66	263	IMPACHS - IMProving Availability & Cost-effectiveness of mental Healthcare for Schizophrenia through mHealth™	Stephen	Austin	Region Zealand Psychiatry, University of Copenhagen, Denmark
Friday, February 15 (1:25 PM - 2:15 PM)	67	266	Fostering engagement in a Facebook intervention for weight loss among families at high cancer risk	Karen	Basen-engquist	University Of Texas Md Anderson Cancer Center
Friday, February 15 (1:25 PM - 2:15 PM)	68	267	Title: Evaluating Internet CBT-I to Reduce Insomnia, Sleep Aid Use, and Stress in Appalachian Women Ages 45+	Mairead	Moloney	University Of Kentucky
Friday, February 15 (1:25 PM - 2:15 PM)	69	269	Development of a web-based curriculum to prevent alcohol exposed pregnancy among Native teens using REDCap	Tess	Weber	Sanford Research
Friday, February 15 (1:25 PM - 2:15 PM)	70	270	Is it possible to enhance Mindfulness experience using VR?	Rocio	Herrero	Uji
Friday, February 15 (1:25 PM - 2:15 PM)	71	271	Digital Therapeutic for Substance Use Disorder (reSET™): Relationship between Dose and Treatment Outcome	Yuri	Maricich	Pear Therapeutics
Friday, February 15 (1:25 PM - 2:15 PM)	72	275	Efficacy of Prescription Digital Therapeutic for Substance Use Disorder: reSET™	Yuri	Maricich	Pear Therapeutics
Friday, February 15 (1:25 PM - 2:15 PM)	73	280	Harnessing innovations in sleep monitoring technology for psychiatric inpatients with affective disorders	Nicolai	Ladegaard	Aarhus University Hospital, Risskov

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Friday, February 15 (1:25 PM - 2:15 PM)	74	282	TOMM® The Outcomes Measurement Tool evidences previously difficult to measure outcomes created by health and wellbeing service providers.	Maggie	Mouat	Tomm® Ltd
Friday, February 15 (1:25 PM - 2:15 PM)	75	285	Integrating digital survey & digital intervention research for health gains	Terry	Fleming	Victoria University Of Wellington
Friday, February 15 (1:25 PM - 2:15 PM)	76	288	SPARX-R computerized therapy not engaging among adolescents in youth offenders program	Terry	Fleming	Victoria University Of Wellington
Friday, February 15 (1:25 PM - 2:15 PM)	77	289	SPARX-R: modifying CBT for depression to appeal to those who do not identify as having a disorder	Terry	Fleming	Victoria University Of Wellington
Friday, February 15 (1:25 PM - 2:15 PM)	78	291	Facilitating Adherence, Acceptance and Commitment in an online intervention for Adjustment Problems Resulting from an Accident	Julia	Hegy	Psychology Department University Of Bern
Friday, February 15 (1:25 PM - 2:15 PM)	79	292	Development of a Cost-effective Unguided Online Intervention to Treat Adjustment Problems Resulting from an Accident	Noemi	Brog	Psychology Department, University Of Bern
Friday, February 15 (1:25 PM - 2:15 PM)	80	294	Language Based Internet Intervention for Depression among Kannada Speaking Adults in India	Siri	Vivek	Palo Alto University
Friday, February 15 (1:25 PM - 2:15 PM)	81	300	How games are used by players – a crucial factor for game-based interventions	Florian	Flueggen	Victoria University Of Wellington